

Receiving Disclosures of Sexual and Relationship (Domestic) Violence

A Guide for Community Services in City of Kawartha Lakes and Haliburton Counties



Always remember to provide BRAVE support!

- BELIEVE
- RESPECT
- ASK
- VALIDATE
- EMPATHY

Created in Partnership with:



Trauma-Informed Support

Supporting someone who is a survivor of sexual violence or harassment and/or relationship (domestic) violence is an important part of their healing cycle. Responding with empathy is very important.

Here are some ideas about what to say:

1. Thank you for trusting me.
2. I am sorry this has happened.
3. I believe you.
4. How can I help you right now?
5. You are not alone and we can connect you with people who can help.



It is important to understand your obligations regarding confidentiality. If you have questions about the Child and Family Services Act, you can learn more by contacting your local Children's Aid Society.



Support Services for Female & Gender/Sexual Minorities*

Medical Services

Accompaniment and Advocacy Services

Counselling & Support Services

Police Services

Children's Services (Up to 16 years)

Shelter Services

Immediate or Imminent Harm is Occuring

9-1-1

YWCA Women's Centre of Haliburton County: 705-286-6442

Kawartha-Haliburton Victim Services: 1-800-574-4401

Kawartha Sexual Assault Centre Crisis Line: 1-866-298-7778

YWCA Women's Centre of Haliburton County: 705-286-6442

Kawartha Sexual Assault Centre Crisis Line: 705-748-5901

Kawartha Sexual Assault Centre Crisis Line: 1-866-298-7778

9-1-1

Kawartha-Haliburton Children's Aid Society: 1-800-567-9136

Point in Time Centre for Children, Youth and Parents Crisis Line after 4:30pm: 1-866-995-9933

YWCA Crossroads Shelter: 1-800-461-7656

Anishnaabe Kwewag Gamig Regional Women's Shelter: 1-800-388-5171

YES Shelter for Youth and Families: 705-748-3851

Up to 12 Days Post-Harm

Sexual Assault/Domestic Violence Response Program at the Women's Health Centre, Peterborough Regional Health Centre 705-743-2121 ext. 0 to ask for the on-call SA/DV Nurse Examiner

HKPR Health Unit 191 Highland St. Haliburton 705-457-1392

Positive Care Clinic/PARN: 705-749-9110

YWCA Women's Centre of Haliburton County 705-286-6442

Kawartha-Haliburton Victim Services: 1-800-574-4401

Kawartha Sexual Assault Centre Office: 705-748-5901

Nijikiwendidaa Anishnaabekweweg Services Circle: 1-800-663-2696 ex. 4

Kawartha Sexual Assault Centre Crisis Line: 705-748-5901

YWCA Women's Centre of Haliburton County 705-286-6442

Women's Health Centre, PRHC: 1-800-419-3111

Nijikiwendidaa Anishnaabekweweg Services Circle: 1-800-663-2696 ex. 4

4 County Crisis: 1-866-995-9933

Haliburton Highlands OPP: 1-888-310-1122

Point in Time Centre for Children, Youth and Parents Haliburton: 705-457-5345 Minden: 705-286-2191

Kawartha-Haliburton Children's Aid Society: 1-800-661-2843

Peterborough Youth Services: 1-888-475-3420

4 County Crisis: 1-866-995-9933

YWCA Haliburton Emergency Rural Safe Space (HERS): 705-286-6442

YWCA Crossroads Shelter: 1-800-461-7656

Anishnaabe Kwewag Gamig Regional Women's Shelter: 1-800-388-5171

YES Shelter for Youth and Families: 705-748-3851

Over 12 Days Post-Harm and Historic Harm

Sexual Assault/Domestic Violence Response Program at the Women's Health Centre, Peterborough Regional Health Centre 705-743-2121 ext. 0 to ask for the on-call SA/DV Nurse Examiner

HKPR Health Unit 191 Highland St. Haliburton 705-457-1392

Positive Care Clinic/PARN: 705-749-9110

YWCA Women's Centre of Haliburton County 705-286-6442

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Counselling through a Family Health Team Physician Referral

Haliburton Highlands OPP: 1-888-310-1122

Point in Time Centre for Children, Youth and Parents Haliburton: 705-457-5345 Minden: 705-286-2191

Kawartha-Haliburton Children's Aid Society: 1-800-661-2843

BOOST Child & Youth Advocacy Centre: 705-743-9200

YWCA Haliburton Emergency Rural Safe Space (HERS): 705-286-6442

YWCA Crossroads Shelter: 1-800-461-7656

Anishnaabe Kwewag Gamig Regional Women's Shelter: 1-800-388-5171

YES Shelter for Youth and Families: 705-748-3851

* Please note that the services listed above are public services. This list does not include private practitioners who may be available for support. The providers below support female-identified and LGBTQ+ individuals. Additional services for male-identified people are listed on the reverse.